

HOW TO USE YOUR SMACKOMETER[©]

NAUGHTINESS: How naughty has the child just been?

Choose the appropriate number between 1 and 18 on the **red disk**
(1 is hardly naughty at all; 18 is extremely naughty)

WEIGHT: What is the child's weight, in kilograms?

SPIN THE GREEN DISK, SO THE WEIGHT LINES UP WITH THE NAUGHTINESS.

HOLD THE GREEN AND RED DISCS IN THIS POSITION UNTIL THE CALCULATION IS COMPLETED

SENSITIVITY: How “thick-skinned” and resistant to punishment is the child?
Use a Galvanometer* to test skin conductivity. Alternatively choose a number between 5 and 25 (5 is very sensitive; 25 is very resistant), on the opposite side of the **green disc**

PRIOR WARNINGS: How many times has the child previously been told to do, or not do, the action in question?

Choose a number between 1 and 5 on the **yellow disc**, (if warnings number 6 or more, round down to 5)

SPIN THE YELLOW DISC SO THE PRIOR WARNINGS LINES UP WITH THE SENSITIVITY

*THE NUMBER APPEARING IN THE WINDOW OF THE **ORANGE DISC** IS THE "DEGREE OF SMACK".*

IT WILL BE A NUMBER BETWEEN 0 AND 12 (WHEN TWO NUMBERS ARE PARTIALLY VISIBLE, CHOOSE THE LOWER)

SEE THE REVERSE SIDE OF THE SMACKOMETER.

FIND THE NUMBER YOU HAVE JUST CALCULATED, ON THE “BRADFORD SMACKING SCALE”, AND ADMINISTER THE APPROPRIATE SAFE SMACK

For continually naughty children, continuous smacking is not recommended.

To calculate if the overall level of smacking is excessive, multiply the number of individual smacks by the degrees of arm-movement in each case.

This figure should not exceed 1080 per hour.

* For instructions on how to make an inexpensive DIY Galvanometer, see <http://tinyurl.com/GalvSkinResponse>

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